

WORKPLACE WELLNESS & EHS

QNET Presents:

Healthy Employees - Worth the Investment!

Wednesday, March 23, 2005 - 7:30 to 9:00 a.m. Companies of all sizes face issues related to employees who are off work due to injury or illness, and the challenge of implementing a comprehensive safety and health program. Sharon Horan, President of Fit for Work, headquartered in St. John's, Newfoundland, assists small, medium and large businesses throughout Atlantic Canada develop affordable safety and health solutions tailored to their company and their employees. A leader in her field, Sharon is an engaging speaker who will show you that keeping your employees healthy is indeed worth the investment!

Protecting Health - Protecting Profits

Wednesday, March 23, 2005 - 9:00 to 11:30 a.m. Back and neck pain are common occurrences in the workplace. Most are due to soft tissue injuries which make up the largest category for lost time claims. Each claim impacts the cost of insurance premiums for disability coverage and Worker's Compensation, which ultimately decreases profit margins. Sharon Horan, Fit for Work, will share several strategies to prevent these injuries from happening in the first place and how they pay for themselves in injury savings.

Health and Safety Forum

Wednesday, March 23, 2005 - 1:00 to 4:00 p.m. This is a networking / professional development session for practitioners such as consultants, health and safety managers in companies, case managers and benefit plan administrators.

It will be a very interactive session with participants having the opportunity to bring forward the challenges, barriers, issues, and success stories related to issues such as injury prevention at work, getting people back to work, changing the mind-set of employees in getting themselves back to work, and employers introducing health and safety programs. Participants are encouraged to send in their issues, challenges, barriers and success stories ahead of time to assist in planning the afternoon and organizing topics to be covered.

Expert Sharon Horan will respond to issues raised by participants and share how she has dealt with these issues with businesses of all sizes in Newfoundland. She will help participants problem solve and come up with creative solutions. Participants will appreciate the leadership and ideas of Sharon Horan. The Forum will be conducive to the stimulation of ideas and discussion among the group.

QNET Advancing Excellence

- QUALITY & LEAN THINKING
- LEADERSHIP & MANAGEMENT
- BOARD GOVERNANCE
- WORKPLACE WELLNESS & EHS

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QNET

Suite 454, 167 Lombard Avenue
Winnipeg, Manitoba, R3B 0T6
phone: (204) 949-4999
fax: (204) 949-4990

mail@qnet.mb.ca
www.qnet.mb.ca

See other side for registration information.

Presenter Sharon Horan, *Fit for Work*

Sharon Horan graduated from Dalhousie University with an Honors Degree in Occupational Therapy in 1987. She continued post graduate study in the field of Pedorthics from the Pedorthic Association of Canada receiving her designation of Canadian Board Certified Pedorthist in 1995. She has trained in Ergonomic and Injury Management and is certified as a Key Assessment Specialist through KEY Method International, Minneapolis, Minnesota.

For the past eight years she has grown and developed *FIT For Work*, a company providing cost-effective services which facilitate quicker injury claim settlement and early return to work. *FIT for Work* provides services to clients throughout Atlantic Canada in occupational and rehabilitation services and has designed an interactive “Back School” which is currently being implemented in many client workplaces. *FIT For Work* also provides psychological and vocational planning services through recruitment of these specialized professionals.

Ms. Horan has a strong interest in the business community. She is involved with the Newfoundland and Labrador Employers Council, and nationally is the past president of the Pedorthic Association of Canada. She is an active member in the Rotary Club of St. John’s East and is currently a Director for the St. John’s Board of Trade.

Presented in partnership with **Industry Training Partnerships, Manitoba Advanced Education & Training.**

REGISTRATION FORM: Fax to (204) 949-4990 or register online at www.qnet.mb.ca

NAME _____ TITLE _____

ORGANIZATION _____

ADDRESS _____

PHONE _____ FAX _____ EMAIL _____

FEES: All Sessions to be held Wednesday, March 23

For member rate, please indicate which partner group.

7:30—9:00 a.m. Healthy Employees—Worth the Investment

- \$20 + GST for Members of QNET or Partners (see list)
- \$25 + GST for Non-Members

9:00—11:30 a.m. Protecting Health—Protecting Benefits

- \$30 + GST for Members of QNET or Partners (see list)
- \$35 + GST for Non-Members

12:00—1:00 p.m. Luncheon Buffet (Optional)

- \$20 + GST

1:00—4:00 p.m. Health and Safety Forum

- \$20 + GST for Members of QNET or Partners (see list)
- \$25 + GST for Non-Members

Partners:

- AIHA Manitoba (American Industrial Hygiene Association)
- Canadian Society of Safety Engineering in Manitoba
- Manitoba Restaurant Association
- Manitoba Customer Contact Association
- Manitoba Food Processors Association
- Manitoba Tourism Education Council
- PIMA Agricultural Manufacturers of Canada

PAYMENT METHOD : Cheque Enclosed VISA AMEX MasterCard

Card # _____ Expiry Date _____

Cardholders Name _____ Signature _____

An event confirmation will be sent one week prior to the session with location details. Cancellations must be received in writing by March 15. After that time, only replacement participants will be accepted. Invoices sent for non-attendance. (GST Reg # 899755334RT)



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