

# WORKPLACE WELLNESS

**QNET Presents:**

## **Will Cost Benefits Make the Case for Workplace Wellness?**

**Wednesday, April 20 - 3:00 to 4:30 p.m.**

This session will provide a sometimes humorous review of the management studies and the population health science that speaks to the question of 'the business case for workplace wellness'. Those attending will be invited to assess the health risk arising from their own workplace involvement and given access to content contained within the presentation. Join us for this networking event which includes a presentation followed by a discussion period.

**Presenter: Tom Carson**

A native Manitoban, Tom Carson served with the Province of Manitoba for 31 years, 14 as a deputy Minister of three departments: Culture, Heritage and Tourism, Training and Continuing Education and Health. Through all of his portfolios he has been an active promoter of, and brought a strong policy focus to, the determinants of health, particularly with regard to their application in the workplace. He left Government in September 2002 to place more attention on workplace health and improving working conditions. His consulting practice is based in workplace health, research, policy development, team building, leadership development and workplace transition.

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**REGISTRATION FORM:** Fax to (204) 949-4990 or register online at [www.qnet.mb.ca](http://www.qnet.mb.ca)

NAME \_\_\_\_\_ TITLE \_\_\_\_\_

ORGANIZATION \_\_\_\_\_ CITY \_\_\_\_\_

PHONE \_\_\_\_\_ FAX \_\_\_\_\_ EMAIL \_\_\_\_\_

**FEE:** No charge.

An event confirmation will be sent one week prior to the session with location details.



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