

Healthy Employees = Healthy Bottom Line

Thursday, January 16, 2003 (7:30 a.m. to 4:00 p.m.)
LOCATION: Delta Winnipeg Hotel, 350 St. Mary Avenue

Register online at: www.qnet.mb.ca

CONFERENCE OVERVIEW

Conference MC: Tom Carson, Former Deputy Minister of Manitoba Culture, Heritage & Tourism, Manitoba Health

7:30 a.m. to 9:30 a.m.	<p>Breakfast Session: <i>The Business Case for a Healthy Organization</i> Well organizations are able to recruit and retain employees and provide a healthy environment that allows them to work productively and effectively. Dr. Duxbury will focus on why organizational wellness is a key success factor in today's competitive work environment. Presenter: Dr. Linda Duxbury, Professor, Sprott School of Business, Carleton University Dr. Duxbury has spoken, and published widely, on the topics of work-family conflict, supportive work environments, stress, telework, and supportive management.</p>		
10:00 a.m. to 12:00 noon	<p>Morning Session: <i>Wellness In The Workplace - What Is It? What Is Happening Now? What Needs To Happen?</i> Manitoba business leaders and Dr. Linda Duxbury will present and discuss the challenges and benefits to developing healthy workplace initiatives. Moderator: Tom Carson, Former Deputy Minister of Manitoba Culture, Heritage & Tourism, Manitoba Health Panelists: Dr. Linda Duxbury, and Manitoba Business Leaders</p>		
12:00 noon to 1:30 p.m.	<p>Lunch Presentation: <i>Workplace Health: Lessons from Innovative Workplaces</i> Over the last year, the Canadian Labour and Business Centre has studied the innovative workplace health approaches of 12 Canadian workplaces from different sectors and provinces, and ranging in size from 7300 employees to 30. The Centre has identified common features and conclusions. Presenter: Derwyn Sangster, Director, Business, Canadian Labour and Business Centre</p>		
1:45 p.m. to 3:15 p.m.	<p>(A) Workplace Wellness Programs How to set up a program in an organization. A case study from the Wellness Institute at Seven Oaks General Hospital. Presenters:</p> <ul style="list-style-type: none"> • Mark Nesar, Chief Executive Officer • Gail Sirant, Outreach Coordinator • Casie Shields, Research Director 	<p>(B) Smoking Cessation Programs in the Workplace The presentation will focus on the business case for smoking cessation programs in the workplace, as well as an effective treatment model for delivery. Presenters:</p> <ul style="list-style-type: none"> • Dr. Kevin Saunders, Medical Advisor, Wellness Institute • Sherry Mooney, Manager, Special Projects, Wellness Institute 	<p>(C) Physical Activity in the Workplace Overview of why a workplace should be involved in a physical activity program for employers and employees. Presenters include:</p> <ul style="list-style-type: none"> • Kerri Cardinal, Canadian Wheat Board • Hilton Wood, City of Winnipeg Police Services
3:15 p.m. to 4:00 p.m.	<p>Closing Plenary: <i>Changing / Shifting the System</i> Changing organizational culture is a challenge, and evolving to an environment that focuses on wellness is not easy for organizations. Dr. Duxbury offers key pointers on how to manage such a fundamental change. Presenter: Dr. Linda Duxbury, Professor, Sprott School of Business, Carleton University</p>		

REGISTRATION FORM

Healthy Employees = Healthy Bottom Line (Thursday, January 16, 2003 - 7:30 a.m. to 4:00 p.m.)

Please register by Friday, January 10, 2003

Fax your completed form to (204) 949-4990 or register online at www.qnet.mb.ca

Please send a separate form for each registrant - make as many copies as you need.

Please note that substitutions are accepted at any time. Cancellations must be in writing and received by QNET seven full business days prior to the event.

Registration Fees:

Breakfast Session Only (7:30 a.m. to 9:30 a.m.):	_____ x \$35.00	=	\$ _____	
Partial Day (10:00 a.m. to 4:00 p.m.): Includes lunch	_____ x \$80.00	=	\$ _____	
Full Day (7:30 a.m. to 4:00 p.m.): Includes breakfast and lunch	_____ x \$100.00	=	\$ _____	
Please indicate (A, B or C) your 1st, 2nd and 3rd choices for the concurrent sessions taking place from 1:45 p.m. to 3:15 p.m.			Subtotal	= \$ _____
1. _____ 2. _____ 3. _____			G.S.T. (7 %)	= \$ _____
G.S.T. Registration # 899755334RT			TOTAL	= \$ _____

Payment Method: Cheque Enclosed Please Invoice Visa AMEX

Card # _____ Expiry _____

Card Holder Name _____ Signature _____

Name _____ Title _____

Organization _____

Address _____

City _____ Prov _____ Postal Code _____

Phone # _____ Fax # _____ Email _____

A registration confirmation will be faxed one week prior to the event with workshop details.

Fax / Mail:
Manitoba Quality Network (QNET), 454 - 167 Lombard Avenue, Winnipeg, Manitoba R3B 0T6
Phone: (204) 949-4999 / Fax: (204) 949-4990 / Email: mail@qnet.mb.ca / Website: www.qnet.mb.ca

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Organizing Committee:

- ⇒ Boeing Technology Canada
- ⇒ City of Winnipeg
- ⇒ Interlake Regional Health Authority
- ⇒ Manitoba Advanced Education and Training, Industry Training Partnerships
- ⇒ Manitoba Culture, Heritage and Tourism
- ⇒ Manitoba Federal Council Secretariat
- ⇒ Manitoba Hydro
- ⇒ Manitoba Quality Network (QNET)
- ⇒ Wellness Institute at Seven Oaks General Hospital
- ⇒ World of Work