



Ergonomics

Breakfast Seminar and Workshops

Ergonomics is a field of knowledge about human capabilities and the interaction between people and work. This knowledge is used to make jobs easier, safer, more comfortable and performed with less error. Ergonomics is generally associated with musculoskeletal injuries such as sprains and strains, overuse injuries, repetitive strain injuries, and cumulative trauma disorders.

Manitoba Quality Networks offers an introductory breakfast seminar and two in-depth workshops to examine this topic.

Presenter: Andrew Dolhy, Ergonomic Consultant

Andrew Dolhy is an ergonomic consultant who has worked in private industry and for Manitoba Labour, Workplace Safety and Health. Andrew has performed over 130 assessments in 57 different workplaces and delivered over 40 educational presentations. He has a BSc. Degree in Hons. Kinesiology – Co-op Program from the University of Waterloo and a certificate in Business Management from Red River College.

Ergonomics: What is it? How does it relate to quality?

Breakfast Seminar

Tuesday, February 4, 2003

7:30 a.m. to 9:30 a.m.

This breakfast seminar offers a general overview of ergonomics to help people understand what it is, why organizations must pay attention to it, and where it fits in relation to quality. Topics covered include:

- definition of ergonomics
- pros and cons of paying attention to ergonomics
- the association between poorly designed work and musculoskeletal injuries
- effects of ergonomics interventions
- economic benefits to ergonomics
- what to do for safety and health compliance and due diligence
- common areas between ergonomic and quality philosophies
- ergonomic principles that can be used in quality programs
- ergonomic tools that can be used to enhance the measurement of work/process interventions

Ergonomics: What is it and what does it offer?

Workshop

Tuesday, March 4, 2003

8:00 a.m. to 12:00 Noon

Learn what you can do in your workplace to reduce performance errors and injuries, and make jobs easier, safer, and more comfortable for all employees.

The workshop will cover:

- definition of ergonomics
- pros and cons of paying attention to ergonomics
- the association between poorly designed work and musculoskeletal injuries
- effects of ergonomics interventions
- economic benefits to ergonomics
- what to do for safety and health compliance and due diligence

Ergonomics and Quality: Two sides of the same coin?

Workshop

Tuesday, March 18, 2003

8:00 a.m. to 12:00 Noon

Many companies are recognizing the benefits of incorporating ergonomics into their quality programs. Ergonomic principles and tools can add value to a quality program and fill the void left out of many quality initiatives.

The workshop will cover:

- common areas between ergonomic and quality philosophies
- ergonomic principles that can be used in quality programs
- ergonomic tools that can be used to enhance the measurement of work/process interventions
- case studies involving ergonomic and quality improvements

Who should attend: CEOs; Human Resource managers; Finance managers; Environment, Health and Safety managers and supervisors; Safety and Health Committee members

Registration Form (fax to 949-4990 or register online at www.qnet.mb.ca):

Cancellations must be in writing and received by QNET seven full business days prior to the event (\$25 cancellation fee applies). Please note that substitutions are accepted at any time.

Please send a separate form for each registrant – make as many copies as you need.

Name _____

Title _____

Organization _____

Address _____

City/ Prov _____ Pcode _____

Phone _____ Fax _____

Email _____

Fax/mail:

Manitoba Quality Network (QNET)

454 – 167 Lombard Avenue, Winnipeg, MB R3B 0T6

Ph: (204) 949-4999, Fax: (204) 949-4990

Email: mail@qnet.mb.ca Web: www.qnet.mb.ca

A registration confirmation will be faxed one week prior to the event with location details.

Breakfast Seminar – Tuesday, February 4, 2003:

___ X \$20.00 (member fee) = _____

___ X \$25.00 (non-member fee) = _____

Workshop – Tuesday, March 4, 2003:

___ X \$65.00 (member fee) = _____

___ X \$75.00 (non-member fee) = _____

Workshop – Tuesday, March 18, 2003:

___ X \$65.00 (member fee) = _____

___ X \$75.00 (non-member fee) = _____

Sub-total = _____

Add: g.s.t (7%) = _____

TOTAL = _____

Method of Payment:

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