

## Best Practices in Manitoba Workplaces

The *Workplace Stress Initiative* invites workplaces that demonstrate best practices in promoting the health and well-being of employees to participate in documenting and promoting their experience.

Areas of focus include:

- employee participation and decision-making
- defining employees' duties & responsibilities
- work-life balance
- respectful workplace initiatives
- workload management
- continuous learning
- conflict resolution practices
- employee recognition

Interested workplaces should be willing to give the project access to interview key personnel, share information on their practices, and provide the project with access to related workplace policies and statistics.

### *Who are we?*

The Workplace Stress Initiative brings together organizations who are concerned about the impact of workplace stress on the health of working Manitobans and our communities. We actively build partnerships between local health care organizations, employers, labour unions and social service agencies.

### *Why participate?*

Selected best practices will be written up and widely distributed in a compilation by spring 2005. If selected, your workplace will be promoted in publications and at events and conferences throughout the province and nationally.

### *How can you participate?*

If you want to promote your workplace's "best practice", complete the attached questionnaire **by December 17, 2004** and return it to:

*Workplace Stress Initiative*  
Occupational Health Centre  
102-275 Broadway Ave.  
Winnipeg, MB R3C 4M6  
fax: 204-956-0848

**For more information contact Diane Gagnon at 926-7904**

## Best Practices in Manitoba Workplaces

Name of Workplace:

Contact Name:

Address:

City/Town:

Postal Code:

Telephone:

Fax:

Email:

Type of Industry:

In which area of focus does your workplace demonstrate best practices?  
Please check (T).

employee participation & decision making  
defining employees' duties & responsibilities  
work-life balance  
respectful workplace initiatives

workload management  
continuous learning  
conflict resolution practices  
employee recognition

In the space provided, please give a short summary of why you believe your workplace is an example of a best practice:

Please return *by December 17, 2004* to:

**Occupational Health Centre  
102-275 Broadway Ave.  
Winnipeg, MB  
R3C 4M6  
fax: 204-956-0848**